



Community-Based Child Abuse Prevention

Program Descriptions and Agency Directory

Fiscal Year 2014-2015



What is Community-Based Child Abuse Prevention?

More commonly called “CBCAP”, Community-Based Child Abuse Prevention refers to specific types of child abuse prevention programs that exist in every U.S. state. Funding for CBCAP is distributed by the Administration of Children, Youth and Families for primary and secondary prevention activities.

How are CBCAP programs used in Tennessee?

Tennessee’s CBCAP program uses CBCAP funds to administer two prevention programs through 42 child abuse prevention contracts among 25 community-based agencies across Tennessee:

- **Nurturing Parenting Program:** This program is a family-centered initiative designed to build nurturing parenting skills as an alternative to abusive and neglectful parenting and child-rearing practices. This program includes a wide variety of modules designed for specific at-risk populations including teen parents, military families, parents/caregivers of disabled children, first time parents, and parents/caregivers recovering from substance abuse, to name a few. Services include in-home and grouped-based classes. More information can be found at <http://www.nurturingparenting.com/>.
- **Darkness to Light’s Stewards of Children:** This is an evidence-based sexual abuse prevention training program designed to educate adults to recognize, prevent, and react responsibly to child sexual abuse and motivates caregivers to courageous action. This 3-hour, discussion-based training is administered by trained facilitators. More information can be found at <http://www.d2l.org/>.

Who is eligible to receive CBCAP-funded services?

Any person free of abuse history or suspicion of abuse is eligible for services. The goal of primary and secondary prevention services is to inform and educate before abuse or neglect has occurred. Families or individuals with a history of perpetrating abuse or neglect or who are under active investigation by DCS are not eligible to receive CBCAP services. However, families or individuals who have simply come into contact with DCS may be eligible. As long as allegations of abuse or neglect are unfounded and services are not required, a family or individual can be referred for CBCAP services. CBCAP services are voluntary.

How would someone access CBCAP services?

This directory lists all Tennessee community-based agencies contracted to deliver prevention programs through Nurturing Parenting or Stewards of Children. Organized by county, the user can identify which agency offers what program in a specific county. The following agency pages detail each agency’s contact information and the prevention activity administered. Most programs are available at no cost, though a few offer services based on a sliding scale fee. Additionally, each program can be found online using the “Find TN State Services” service search on www.kidcentraltn.com.

Who do I contact with questions or for more information about Tennessee’s CBCAP program?

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CBCAP Program Coordinator
436 6th Avenue North
Nashville, TN 37243
615.253.1114
brian.stephens@tn.gov

Agency Service Coverage by County

	Nurturing Parenting Program	Stewards of Children Training
Anderson	The Florence Crittenton Agency Prevent Child Abuse Tennessee, Inc.	
Bedford	Catholic Charities of Tennessee The Center for Family Development	Junior's House, Inc. Child Advocacy Center
Benton	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Bledsoe	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Blount	Columbus Home Assisting Parents (CHAP)	Prevent Child Abuse Tennessee, Inc.
Bradley	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	
Campbell	The Florence Crittenton Agency Prevent Child Abuse Tennessee, Inc.	Campbell County Children's Center
Cannon	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Carroll	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Carter	Frontier Health, INC	
Cheatham	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Chester	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center Prevent Child Abuse Tennessee, Inc.
Claiborne	The Florence Crittenton Agency	
Clay	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Cocke		
Coffee	The Center for Family Development	Coffee County Children's Advocacy Center
Crockett	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center Prevent Child Abuse Tennessee, Inc.
Cumberland	Tennessee Voices for Children The Exchange Club/Stephens Center	Prevent Child Abuse Tennessee, Inc.
Davidson	Catholic Charities of Tennessee The Family Center	Nashville Children's Alliance Prevent Child Abuse Tennessee, Inc.
Decatur	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
DeKalb	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Dickson	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Dyer	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Fayette	Exchange Club Carl Perkins Center UT Boling Center for Developmental Disabilities	Exchange Club Carl Perkins Center
Fentress	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Franklin	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Gibson	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Giles	The Center for Family Development	

Grainger	Columbus Home Assisting Parents (CHAP) The Florence Crittenton Agency	Prevent Child Abuse Tennessee, Inc.
Greene		
Grundy	Behavioral Research Institute Columbus Home Assisting Parents (CHAP) Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Hamblen	The Florence Crittenton Agency	Prevent Child Abuse Tennessee, Inc.
Hamilton	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Hancock		
Hardeman	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hardin	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hawkins	Frontier Health, INC	
Haywood	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Henderson	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Henry	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hickman	The Center for Family Development	
Houston	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Humphreys	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Jackson	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Jefferson		Prevent Child Abuse Tennessee, Inc.
Johnson	Frontier Health, INC	
Knox	Columbus Home Assisting Parents (CHAP) The Florence Crittenton Agency Helen Ross McNabb Center	Helen Ross McNabb Center Prevent Child Abuse Tennessee, Inc.
Lake	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Lauderdale	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Lawrence	The Center for Family Development	
Lewis	The Center for Family Development	
Lincoln	The Center for Family Development	Junior's House, Inc. Child Advocacy Center
Loudon	Prevent Child Abuse Tennessee, Inc.	
Macon	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Madison	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Marion	Behavioral Research Institute Columbus Home Assisting Parents (CHAP) Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Marshall	The Center for Family Development	Junior's House, Inc. Child Advocacy Center
Maury	The Center for Family Development	
McMinn	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	
McNairy	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Meigs	Behavioral Research Institute	

	Prevent Child Abuse Tennessee, Inc.	
Monroe	The Florence Crittenton Agency Prevent Child Abuse Tennessee, Inc.	
Montgomery	Catholic Charities of Tennessee New Vision, Inc Nurses for Newborns Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Moore	The Center for Family Development	Junior's House, Inc. Child Advocacy Center
Morgan	Prevent Child Abuse Tennessee, Inc.	
Obion	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Overton	Tennessee Voices for Children The Exchange Club/Stephens Center	Prevent Child Abuse Tennessee, Inc.
Perry	The Center for Family Development	
Pickett	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Polk	Behavioral Research Institute	
Putnam	Tennessee Voices for Children The Exchange Club/Stephens Center	Prevent Child Abuse Tennessee, Inc.
Rhea	Behavioral Research Institute Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Roane	Prevent Child Abuse Tennessee, Inc.	
Robertson	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Rutherford	The Family Center New Vision, Inc Nurses for Newborns Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Scott	Prevent Child Abuse Tennessee, Inc.	
Sequatchie	Behavioral Research Institute Columbus Home Assisting Parents (CHAP) Prevent Child Abuse Tennessee, Inc.	Children's Advocacy Center of Hamilton County
Sevier	Columbus Home Assisting Parents (CHAP) The Florence Crittenton Agency	Prevent Child Abuse Tennessee, Inc.
Shelby	Agape Child & Family Services, Inc. The Exchange Club Family Center of the Mid-South, Inc. Le Bonheur Children's Hospital Fatherhood Program Le Bonheur Community Health and Well Being UT Boling Center for Developmental Disabilities	Memphis Child Advocacy Center
Smith	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Stewart	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Sullivan	Frontier Health, INC	

Sumner	New Vision, Inc Nurses for Newborns Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Tipton	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Trousdale	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	Prevent Child Abuse Tennessee, Inc.
Unicoi	Frontier Health, INC	
Union	The Florence Crittenton Agency Prevent Child Abuse Tennessee, Inc.	Campbell County Children's Center
Van Buren	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Warren	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Washington	Frontier Health, INC	
Wayne	The Center for Family Development	
Weakley	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
White	Tennessee Voices for Children	Prevent Child Abuse Tennessee, Inc.
Williamson	New Vision, Inc Nurses for Newborns Prevent Child Abuse Tennessee, Inc.	
Wilson	New Vision, Inc Prevent Child Abuse Tennessee, Inc.	

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Agape Child & Family Services, Inc.

111 Racine Street
Memphis, TN 38111

<http://www.agapemeanslove.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Shelby

Primary Contact: Julie Sanon
111 Racine Street
Memphis, TN 38111
901.323.3600
julie.sanon@agapemeanslove.org

Alternate Contact: Linda Oxford
111 Racine Street
Memphis, TN 38111
901.323.3600
lkoxford@bellsouth.net

Norman Bennett
111 Racine Street
Memphis, TN 38111
901.323.3600
norman.bennett@agapemeanslove.org

Program Summary: The Child and Parenting Skills (CAPS) program in Shelby County covers under-resourced city of Memphis communities in Whitehaven, Hickory Hill, and Raleigh/Frayser. The program's goals are to support and strengthen at-risk families, create healthy parent-child bonds, increase safety, and enhance the development of children between the ages of 0 to 8 years, which will ultimately prevent child abuse and neglect. Over the initial 2-year program, 270 parents will participate in psychoeducational/ peer support groups employing a family-centered, evidenced-based curriculum (Nurturing Parenting) designed to build positive parenting skills as an alternative to abusive and neglectful parenting and child-rearing practices.

The long term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse, and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors. Parents (male and female) complete a pre and post-test survey to identify areas of change and also document their child(ren)'s basic skills and development. The average enrollment is 10 participants per class session at any given time period. Program partnerships are comprised of parents, community and faith-based organizations and government agencies working to improve outcomes for children, youth and families. Classes are community-based, interactive, and support the development of parent leadership in advocating for the protection and well-being of children in their communities.



Behavioral Research Institute

2292 Chambliss Avenue, Suite C1
Cleveland, TN 37311
www.bri.ebradley.net

CBCAP Program: Nurturing Parenting

Counties Served: Bledsoe, Bradley, Franklin, Grundy, Hamilton, McMinn, Marion, Meigs, Polk, Rhea, Sequatchie

Primary Contact: Machele Johnson
2292 Chambliss Avenue, Suite C1
Cleveland, TN 37311
423.479.1590 #111
machelejohnson70@gmail.com

Alternate Contact:	Tom Biller 2292 Chambliss Avenue, Suite C1 Cleveland, TN 37311 423.479.1590 tomabiller@gmail.com	Jane Deason 2292 Chambliss Avenue, Suite C1 Cleveland, TN 37311 423.479.1590 #110 jane.deason@hms.com
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Program Summary: The Parent Stress Training Program (PST) seeks to:

- reduce parent stress, which is known to be a contributing factor to impulsive abuse of children;
- provide alternatives to corporal punishment for disciplining children; and
- encourage supportive parent networks.

PST implements "Nurturing Parenting," an effective tool for parenting children of all ages. Caregivers are taught the following: stress management, ages & stages of child development, brain development, understanding feelings, building self-worth, praise and encouragement, communicating with respect and other alternatives to spanking. Our purpose as a non-profit agency is reaching out into the serviced communities with needed resources and tools in order to prevent child abuse. Our goal is for caregivers to implement the new skills in order to deal with their children and life stress in healthier ways without acting impulsively or over disciplining.



Campbell County Children's Center

203 Independence Lane
LaFollette, TN 37766

<http://www.campbellcountychildrenscenter.org/>

CBCAP Program: Stewards of Children

Counties Served: Union, Campbell

Primary Contact: Tracie Davis, CEO
203 Independence Lane
LaFollette, TN 37766
423.562.4190
tdavis@campbellcountycac.org

Alternate Contact: Tanya Hale, COO
203 Independence Lane
LaFollette, TN 37766
423.562.4190
staff@campbellcountycac.org

Jeanne Collins, Prevention Coordinator
120 Veterans Street
Maynardville, TN 37807
865.992.7677
jeanne-uccac@att.net

Program Summary: The CCCC targets adults working with organizations that serve children and also parents. Our role as facilitators is to educate adults on how to prevent, recognize and react responsibly to child sexual abuse. By education organizations on Stewards of Children and the steps to protecting children from sexual abuse, our goal is to help them incorporate all the fundamental mechanics necessary in creating organizational policies and procedures.



Catholic Charities of Tennessee

30 White Bridge Road
Nashville, TN 37205

<http://www.cctenn.org/services/children/parenting-services>

CBCAP Program: Nurturing Parenting

Counties Served: Montgomery, Davidson, Bedford

Primary Contact: Ryan Duprey
21 White Bridge Road
Nashville, TN 37205
615.354.9506
rduprey@cctenn.org

Alternate Contact: Eileen Beehan
30 White Bridge Road
Nashville, TN 37205
615.760.4416
ebeehan@cctenn.org

Program Summary: The CHAP program provides parenting education, crisis intervention and case management for families that desire assistance. A CHAP counselor will help recognize and reduce everyday stressors such as financial worries, changes in family structure, isolation and/or lack of transportation. This program is also designed to improve parental effectiveness by providing a clear set of positive parenting skills and strategies that can be used immediately to address a variety of child-rearing challenges and problems. A unique aspect of the CHAP Program is providing in-home services which allow parents the opportunity to practice learned skills in their natural environment. Our skilled professional counselors stand beside the parents leading them through the maze of child rearing by transforming their experiences, doubts and fears into the knowledge and confidence they need to build positive discipline, communication and self- esteem. The CHAP program is free, home-based and voluntary for families in Davidson and Montgomery counties and Bedford County for Spanish-speaking families and for Spanish speaking families in Davidson County in a group-based setting.



Columbus Home Assisting Parents (CHAP)

3009 Lake Brook Boulevard
Knoxville, TN 37909
<http://www.ccetn.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Knox, Grainger, Blount, Sevier, Marion, Sequatchie, Grundy

Regional Contact: Deborah Arnold – Knoxville
119 Dameron Avenue
Knoxville, TN 37917
865.603.3866
darnold@ccetn.org

Kim Cook – Smokey Mountain
119 Dameron Avenue
Knoxville, TN 37917
865.603.3864
kim@ccetn.org

Jennifer Wilson – Southeast
859 McCallie Avenue
Chatanooga, TN 37403
865.323.3838
jwilson@ccetn.org

Program Summary: The Columbus Home Assisting Parents (CHAP) program in all three (3) regions provides intensive home-based parenting education and support services to families in crisis who are at moderate to high risk for abuse and neglect. Services target at-risk families, in particular those with children ages 0-8, who are experiencing familial stressors that are negatively impacting their ability to effectively parent and/or care for their children. CHAP serves at least 35 families (minimum) and 60 families (maximum) to address abuse awareness/prevention and familial stressors impacting family functioning. The families receive weekly home visits; telephone support; collateral visits; written assessment of risks; 24 hour crisis intervention; parent training; information and referral services; concrete services such as transportation & child care; respite care; and coordination of services for resource management and service linkage through case management and advocacy. CHAP utilizes the Nurturing Parenting program and Five Protective Factors to equip parents in keeping children from harm, help families remain intact, and build a stronger family unit connected to outside resources designed to prevent isolation and further problems. Knox County has significantly more resources for families than the rural areas served by CHAP II and IV. These families are treated differently than the traditional urban population; namely many of the clients depend on CHAP II and IV to bring needed and necessary home repair resources to them in addition to the usual in-home case management and parent training services.



The Center for Family Development

100 East Side Square
Shelbyville, TN 37160
<http://www.mytcfcd.org/>

CBCAP Program: Nurturing Parenting

Counties Served: South-Central Region

Primary Contact: Benita Caldwell, Program Coordinator
100 East Side Square
Shelbyville, TN 37160
931.684.4676 #205
Benita@mytcfcd.org

Alternate Contact: Denise T. Hobbs, LMSW
100 East Side Square
Shelbyville, TN 37160
931.684.4676 #208
denise@mytcfcd.org

Program Summary: The South Central Program is unique in that not only do we offer Nurturing Parent Classes but also provide day camp for children during the summer months. TCFD uses the Nurturing Camp curriculum to teach children anti-bullying, empathy, and compassion for others. The curriculum also focuses on goal-setting and problem solving at an age appropriate level.



Coffee County Children's Advocacy Center

104 North Spring Street
Manchester, TN 37355

<http://www.coffeecountycac.org/>

CBCAP Program: Stewards of Children

Counties Served: Coffee

Primary Contact: Heather Kleinfeld, Prevention Coordinator
104 North Spring Street
Manchester, TN 37355
931.723.8888
heather@coffeecountycac.org

Alternate Contact: Joyce Prusak, Executive Director
104 North Spring Street
Manchester, TN 37355
931.723.8888
joyce@coffeecountycac.org

Program Summary: Darkness to Light: Stewards of Children program is the only nationally available program scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This revolutionary program is for any responsible adult who cares about the welfare of children including church groups, day care centers, after school care programs and other youth serving programs.

Coffee County Children's Advocacy Center serves children who are victims of severe abuse in Coffee County, and has expanded to provide medical exams through an Our Kids clinic on site. These exams will be available for children in Coffee, Bedford, Moore, Warren, Franklin and Grundy counties.



Exchange Club Carl Perkins Center

213 Cheyenne Drive
Jackson, TN 38305

<http://www.carlperkinscenter.org/>

CBCAP Program: Nurturing Parenting, Stewards of Children

Counties Served: Rural West Tennessee

Primary Contact: DeLaine Bottoms
213 Cheyenne Drive
Jackson, TN 38305
731.695.3514
dbottoms@carlperkinscenter.org

Alternate Contact: Mary Davis
213 Cheyenne Drive
Jackson, TN 38305
731.668.4000
mdavis@carlperkinscenter.org

Program Summary: The Exchange Club Carl Perkins Center provides the stewards of children program and the nurturing program to citizens of rural west TN.



The Exchange Club Family Center of the Mid-South, Inc.

2180 Union Avenue
Memphis, TN 38104

<http://www.exchangeclub.net/>

CBCAP Program: Nurturing Parenting

Counties Served: Shelby

Primary Contact: Barbara C. King
2180 Union Avenue
Memphis, TN 38104
901.276.2200 #109
barbara.king@exchangeclub.net

Alternate Contact: Erma Simpson
2180 Union Avenue
Memphis, TN 38104
901.276.2200 #122
esimpson@exchangeclub.net

Carole Clements
2180 Union Avenue
Memphis, TN 38104
901.276.2200 #104
cclements@exchangeclub.net

Program Summary: The First STEPS Program for first-time teen mothers and their babies. Girls are accepted into the program prior to the birth and can remain in the program for up to 12 months. The program includes 10 life skills class sessions, including parenting education, and pairing the teen with an in-home parent-aide to serve as her mentor/advocate for up to 9 months. This parent-aide works with the young mother to complete all of her goals that were agreed upon at the beginning of the program.



Exchange Club/Stephens Center for the Prevention of Child Abuse

616 North Church Street
Livingston, TN 38570
<http://www.stephenscenter.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Overton, Putnam, Cumberland

Primary Contact: Carolyn Isbell, Executive Director
616 North Church Street
Livingston, TN 38570
931.823.6432
stephenscenter@twlakes.net

Program Summary: The Exchange Club/Stephens Center offers the “Friends for Families In-Home Visitation Program” using the evidence-based Nurturing Parenting Program. Professional staff members visit each week in the home of potentially abusive parents to teach about child development, positive communication, stress management, and disciplining without hitting, shaking, or yelling. This program serves at-risk families with at least one child 12 or younger present in the home in Putnam, Overton, and Cumberland Counties.

In addition to the home-visitation program, The Exchange Club/Stephens Center provides weekly group parenting classes called Parent-Child Connection employing the Nurturing Parenting Program in group format. Parents may attend one or all of the sessions. If a certificate of attendance is needed, eight consecutive classes in a series must be completed. These classes are offered free of charge in Putnam, Overton, and Cumberland Counties. Information about all of The Exchange Club/Stephens Center’s programs and our Parent-Child Connection schedules can be found on our website or follow us on Facebook at www.facebook.com/stephens.center.



The Family Center

139 Thompson Lane
Nashville, TN 37211
<http://www.familycentertn.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Davidson, Rutherford

Primary Contact: Dawn Eaton, Executive Director
139 Thompson Lane
Nashville, TN 37211
615.333.2644
dfeaton@familycentertn.org

Alternate Contact: Jennifer Drake-Croft, Director of Parent Education
139 Thompson Lane
Nashville, TN 37211
615.333.2644
jcroft@familycentertn.org

Program Summary: The Family Center provides the Nurturing Parenting Program to high risk parents in Davidson and Rutherford Counties. The program targets parents who are in substance abuse recovery, are incarcerated, are court involved, or parents that have difficulty implementing effective, positive parenting practices. Class curriculum is crafted to appeal to multiple learning styles and tailored to address the special parenting challenges of each vulnerable population. The program is offered in a dynamic classroom-based setting lasting 6 to 8 weeks and is led by master's level staff. The Family Center serves over 700 parents annually through this program touches close to 6,000 people in the community.



The Florence Crittenton Agency

1531 Dick Lonas Road
Knoxville, TN 37909
<http://www.fcaknox.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Knox, Union, Campbell, Anderson, Grainger, Claiborne, Hamblen, Sevier, Monroe

Primary Contact: Bethany Henderson
1531 Dick Lonas Road
Knoxville, TN 37909
Office 865.602.2998/Cell 865.243.9351
bethany.henderson@fcaknox.org

Alternate Contact: Dustin Gent
1531 Dick Lonas Road
Knoxville, TN 37909
865.809.2684
dustin.gent@fcaknox.org

Darlene Wells
1531 Dick Lonas Road
Knoxville, TN 37909
865.602.2012
darlene.wells@fcaknox.org

Program Summary: The Florence Crittenton Agency's Child and Parenting Skills program is an education and support group for pregnant and parenting teens who attend a participating middle or high school. It is designed for teens who exhibit identifiable risk factors that lead to community and generational cycles of child abuse, CAPS serves pregnant teens and teens parenting a child under three years of age. Teen parents are recommended for the program by guidance counselors, teachers, and other CAPS participants. The CAPS counselor meets with prospective participants to gather background information and perform a series of assessments to determine the clients' needs and fit for the program. Program participants are assisted in nurturing the physical, emotional, and cognitive development of their individual child. Each parent and child are recognized as a unique individual worthy of nurturing, love, and a healthy lifestyle. The program holds weekly meetings at each participating high school or middle school to educate and explore options and validate feelings. Friendships are cultivated between peers dealing with similar circumstances, which work to prevent the feelings of isolation often associated with being a pregnant or parenting teen. Additional support and assistance are also available through CAPS program on a referral basis.



Frontier Health, INC

1167 Spratlin Park Drive
Gray, TN 37615
<http://www.frontierhealth.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Washington, Carter, Johnson, Sullivan, Hawkins, Unicoi

Primary Contact: Katherine Combs, MA
Charlotte Taylor Center
426 East G Street
Elizabethton, TN 37643
423.547.5950
kcombs@frontierhealth.org

Alternate Contact: Lauren McAllister
Watauga Behavioral Health Center
108 Watauga Avenue
Johnson City, TN 37601
423.232.2700
lmcallis@frontierhealth.org

Tim Perry
Bristol Regional Counseling Center
26 Midway Street
Bristol, TN 37620
423.989.4540
tperry@frontierhealth.org

Program Summary: Frontier Health offers parent education classes to the community through the Nurturing Parenting program using components of video, handouts, and discussion. Counties where these classes are offered include Washington, Carter, Sullivan, and Johnson. Parents from bordering counties, such as Hawkins and Unicoi also participate. A representative from each county where there is a Frontier Health location that provides the parenting classes attend the monthly C-PIT meeting for that county.



Children's Advocacy Center of Hamilton County

419 North Market Street
Chattanooga, TN 37405
<http://www.cachc.org/>

CBCAP Program: Stewards of Children

Counties Served: Hamilton, Bledsoe, Franklin, Grundy, Marion, Rhea, Sequatchie

Primary Contact: Cathy Eldahan
419 North Market Street
Chattanooga, TN 37405
423.266.6918
wceldahan@cachc.org

Alternate Contact: Shelley McGraw
419 North Market Street
Chattanooga, TN 37405
423.266.6918
smmcgraw@cachc.org

Program Summary: The Children's Advocacy Center of Hamilton County (CACHC) is dedicated to serving those affected by alleged child abuse or neglect by offering help, hope, and healing. Funding from the CBCAP Grant is used solely for adult education using the Darkness to Light Stewards of Children evidence-based curriculum for at least 1,000 participants. Through the CBCAP Grant, the CACHC is able to make presentations in the more rural areas of southeast Tennessee as well as meeting the urban needs of the Chattanooga area. The long-term outcomes of this curriculum are that children are actively protected from risk factors in their local community, children are in a safer environment when in the care of others, and there are decreased incidences of first time child abuse.



Helen Ross McNabb Center

600 Arthur Street
Knoxville, TN 37921
<http://www.mcnabbcenter.org/>

CBCAP Program: Stewards of Children, Nurturing Parenting

Counties Served: Knox

Primary Contact: Nicci Williamson Grigsby
600 Arthur Street
Knoxville, TN 37921
865.524.7483 #256
nicci.williamson@mcnabb.org

Alternate Contact: Will Giebert
600 Arthur Street
Knoxville, TN 37921
865.524.7483
will.giebert@mcnabb.org

Kristin Bradley
600 Arthur Street
Knoxville, TN 37921
865.637.9711 #1136
kristin.bradley@mcnabb.org

Program Summary: The Helen Ross McNabb Center is a premier not-for-profit provider of behavioral health services in East Tennessee. Since 1948, the Center has provided quality and compassionate care to children, adults and families experiencing mental illness, addiction and social challenges. As the Center celebrates its 65th year of providing services to communities in East Tennessee, its mission remains clear and simple; "Improving the lives of the people we serve."



Junior's House, Inc. Child Advocacy Center

704 West Maple Street
Fayetteville, TN 37334

<http://www.juniorshousecac.org/>

CBCAP Program: Stewards of Children

Counties Served: Lincoln, Marshall, Moore, Bedford

Primary Contact: Crystal Guess
704 West Maple Street
Fayetteville, TN 37334
931.438.3233
crystal@juniorshousecac.org

Alternate Contact:	Amy Nix	Deliska Lombard
	704 West Maple Street	704 West Maple Street
	Fayetteville, TN 37334	Fayetteville, TN 37334
	931.438.3233	931.438.3233
	amynix@juniorshousecac.org	deliska@juniorshousecac.org

Program Summary: Junior's House Inc. is proud to offer the Stewards of Children prevention program. Stewards of Children increase awareness of the prevalence, consequences and circumstances of child sexual abuse. This program teaches skills for adults to prevent recognize and react responsibly to child sexual abuse. In addition, agencies become proactive in establishing positive organizational policies and procedures that create a safe environment for children. Stewards of Children raises community awareness that preventing child sexual abuse is the obligation of adults, and calls for a personal commitment to action via a personal commitment plan.



Le Bonheur Children's Hospital Fatherhood Program

50 Peabody Place, Suite 355
Memphis, TN 38103
www.lebonheur.org

CBCAP Program: Nurturing Parenting

Counties Served: Shelby

Primary Contact: Jeremy Sanders
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Memphis, TN 38103
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jeremy.sanders@lebonheur.org

Alternate Contact: Frank Fletcher
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Memphis, TN 38103
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frank.fletcher@lebonheur.org

Program Summary: Le Bonheur Community Health and Well-Being, formerly Le Bonheur Community Outreach, a 501(c)3 organization, is a division of Le Bonheur Children's Hospital, one of seven hospitals of the Methodist Le Bonheur Healthcare system. . The mission of Community Health and Well-Being (CHWB) Division is " to build a coordinated and integrated community practice that provides equal access to highest quality care, education, prevention and intervention to improve the health and well-being of all children and families." Programs include early intervention, therapy outreach, school health nursing, mobile health, chronic disease management, injury prevention, evidence-based home visitation programs (Healthy Families and Nurse-Family Partnership), fatherhood, community coalitions to prevent child abuse and neglect, and HIV primary care, support, and evidence-based outreach and education. The Le Bonheur Fatherhood Program has served over 300 young fathers in the Memphis and Shelby County area since 2010. Our program provides Parenting Education classes and services to Teen Fathers (ages 16-24) in Memphis TN who are vulnerable or at risk of developing problems that lead to child abuse and neglect by assisting in the removal and management of barriers to full participation in their children's lives. We provide parenting education, relationship building, life skills training, employment and educational resources, and support and mentoring to encourage successful fatherhood. Completion of the Fatherhood Program usually takes about a week to ten days.



Le Bonheur Community Health and Well Being

50 Peabody Place, Suite 400

Memphis, TN 38103

<http://www.lebonheur.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Shelby

Primary Contact: Ruth Hamblen
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Memphis, TN 38103
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Ruth.hamblen@lebonheur.org

Alternate Contact: Sandra Allen
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Memphis, TN 38103
901.287.4705
Sandra.allen@lebonheur.org

Lauren Wilgenbusch
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Memphis, TN 38103
901.287.4708
Lauren.wilgenbusch@lebonheur.org

Program Summary: Le Bonheur Community Health and Well-Being provides services to families with children from birth to age 5. Using the Nurturing Parenting curriculum, a Parent Educator delivers services in the client's home. The Parent Outreach Program is an intensive, short-term program of six months duration with weekly home visits. Using the AAPI pre-test, the Parent Educator is able to individualize the Nurturing Parenting curriculum to build on the parent's strengths and address weaknesses for improved parenting. Clients complete the post-test AAPI to enable the program to measure outcomes and reinforce clients' improvement in parenting knowledge and skills. To ensure model fidelity and quality service, the Parent Educator receives weekly supervision from a Master's level professional.



Memphis Child Advocacy Center

1085 Poplar Avenue
Memphis, TN 38105
www.memphiscac.org

CBCAP Program: Stewards of Children

Counties Served: Shelby

Primary Contact: Carol Drake, Prevention Coordinator
1085 Poplar Avenue
Memphis, TN 38105
901.888.4363
cdrake@memphiscac.org

Alternate Contact: Virginia Stallworth, Executive Director
1085 Poplar Avenue
Memphis, TN 38105
901.888.4340
vstallworth@memphiscac.org

Program Summary: The Memphis Child Advocacy Center supports safety for children through informed prevention, community collaboration, and a team approach to healing and justice for victims of child sexual and severe physical abuse. The Memphis Child Advocacy Center's Prevention team provides Stewards of Children child sexual abuse prevention training for parents & adults who work with children and consultation on policy & reporting for youth-serving organizations. To date (3/2014), the Memphis Child Advocacy Center team has trained over 10,000 adults in Shelby County. A recent two-year program evaluation of the Memphis CAC's implementation of Stewards of Children (including a 6 month post training evaluation) shows that adults are engaging in behaviors that help protect children from sexual abuse. For a learn more about the Memphis Child Advocacy Center or the center's prevention program, please contact Carol Drake.



Nashville Children's Alliance
— a child advocacy center —

Nashville Children's Alliance

1264 Foster Avenue
Nashville, TN 37210

<http://www.nashvilleca.org/>

CBCAP Program: Stewards of Children

Counties Served: Davidson

Primary Contact: Lori Myers
1264 Foster Avenue
Nashville, TN 37210
615.327.9958 #2033
lori.myers@nashvillechildrensalliance.org

Program Summary: The Nashville Children's Alliance provides a child-focused environment designed to meet the needs of abused children and their families for comfort, safety, support and treatment. We are the only child advocacy center in Davidson County. The Nashville Children's Alliance is dedicated to reducing the trauma of child abuse victims and their families. The services of the Nashville Children's Alliance are four-pronged: Investigation, Therapy, Prevention, and Family Advocacy. The Nashville Children's Alliance employs a Community Educator and a Parent Leader trained in the Stewards of Children curriculum. They provide Stewards of Children trainings within the Davidson County community. NCA implemented this program in 2011 and is actively working on and committed to expanding this child abuse prevention program to adults working within organizations that serve children and youth. The Nashville Children's Alliance has a parent leadership advisory board to meet the needs of clients and their families. Parent leadership is comprised of the individuals in our Non-Offending Parent Support (NOPS) groups, all of whom have children who have been sexually abused. Two NOPS groups meet weekly—one in English and the other in Spanish. At a minimum of once a quarter the groups meet to discuss parent concerns and community advocacy projects.



New Vision, Inc

5213 Linbar Drive, Suite 410
Nashville, TN 37211
<http://www.newvisiontn.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Mid-Cumberland Region

Primary Contact: LaKesha Baldwin Malone, LCSW
5213 Linbar Drive, Suite 410
Nashville, TN 37211
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lakesha.malone@newvisiontn.org

Alternate Contact: Jeremy Carney, LMSW
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Nashville, TN 37211
615.445.8711
jeremy.carney@newvisiontn.org

Program Summary: The Nurturing Parenting Program is a program administered by New Vision, Incorporated. The program aims to help families build caring, empathic parent-child relationships through education in bonding and attachment. The Nurturing Parenting curriculum is offered throughout the Mid-Cumberland region in group settings and/or home visitations. The program provides an evidence-based curriculum designed to build nurturing skills as alternatives to abusive parenting and child rearing attitudes. The curriculum focuses on core competency lessons which form the basic structure of the program. Parents who participate in the class will gain knowledge and confidence in parenting skills which will positively impact the strength and health of their families. Classes run for four to six weeks where parents learn the following parenting competencies: disciplining with dignity, building empathy, setting healthy expectations, understanding family roles, and power and independence.



Nurses for Newborns

50 Vantage Way, Suite 101
Nashville, TN 37228
<http://nfnf.org/>

CBCAP Program: Nurturing Parenting

Counties Served: Montgomery, Sumner, Rutherford, Williamson

Primary Contact: Gail Bright
50 Vantage Way, Suite 101
Nashville, TN 37228
615.972.8002/615.313.9989
gail.bright@nfnf.org

Alternate Contact: Vicki Beaver
50 Vantage Way, Suite 101
Nashville, TN 37228
615.313.9989
vicki.beaver@nfnf.org

Program Summary: Nurses for Newborns provides in home visits by Registered Nurses to pregnant or post-partum families who are at increased risk for child abuse and neglect because of special circumstances. Those circumstances include medically fragile infants, primary caregivers with mental or physical disabilities which include depression, anxiety and other mental health disorders, and teen moms. NFN provides physical, and developmental assessments, parenting and child care education, screenings for caregiver depression, stress, parenting skills, tobacco, drug and alcohol use, and makes sure they have a medical home. When needs are identified the RN works with the family to resolve those needs through support, education and referrals to other community resources. Parenting education is included in all visits based on the Nurturing Parent Curriculum. Visit frequency is based on a minimum of once a week for four weeks, twice a week for one month, then monthly. If the family's circumstances require more frequent home visits the nurse has the autonomy to schedule visits as she feels they are needed.



Prevent Child Abuse
Tennessee

Prevent Child Abuse Tennessee, Inc.

4721 Trousdale Drive, Suite 121
Nashville, TN 37220

330 Robertsville Road
Oak Ridge, TN 37830
<http://www.pcat.org/>

2300 Bailey Avenue
Chattanooga, TN 37404

CBCAP Program: Nurturing Parenting, Stewards of Children

Counties Served: Nurturing Parenting – Mid Cumberland, East Tennessee, Tennessee Valley

Stewards of Children – Davidson, Knox, Blount, Claiborne, Crocket, Grainger, Hamblen, Jefferson, Sevier, Cheatham, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White

Primary Contact: Kristen Rector, Executive Director
4721 Trousdale Dr., Suite 121
Nashville, TN 37220
615.383.0994/888.383.0994
Kristen.Rector@pcat.org

Program Summary: Nurturing Parenting Program in Middle, East and TN Valley Regions - Provide 8 sessions of the Nurturing parent Program in a group or individual setting to families of children 0-8. These classes are designed to strengthen parenting skills and build the 5 protective factors in families. Families will take a pre and post test (AAPI) and complete the protective factors survey.

Darkness to Light - Provide Darkness to Light to UT/TSU Extension Staff, 4H Staff and Volunteers, PTA members and the State PTA councils, CASA Volunteers and other interested participants.



PARENT PARTNERSHIP TENNESSEE

Parent Partnership Tennessee

Prevent Child Abuse Tennessee
4721 Trousdale Drive, Suite 121
Nashville, TN 37220

<http://www.parentpartnershiptn.org/>

CBCAP Program: Parent Leadership Program

Counties Served: Statewide

Primary Contact: Melissa Perry
4721 Trousdale Dr., Suite 121
Nashville, TN 37220
615.556.2629
melissa.perry@pcat.org

Alternate Contact: Kristen Rector, Executive Director
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Nashville, TN 37220
615.383.0994/888.383.0994
kristen.rector@pcat.org

Program Summary: Working with the Child Abuse Prevention Contract Programs in each of the 12 DCS regions, PCAT assists grantees in the development of an annual parent involvement plan to identify and train parent leaders to serve as part of child abuse prevention planning, activities and public awareness campaigns. Parents and practitioners will have access to training on the community café model and be supported in implementing them in their communities. PCAT will also work to educate and connect community partners and CBCAP agencies as they promote parent partnerships in building protective factors in the families they serve. Develop a statewide Parent Leadership Project Team to develop a strategic plan to guide the work of the team and direct the strengthening of parent partnerships in CBCAP agencies. Provide Technical Assistance to agencies on implementation of a parent partnership plan through site visits and webinars.



Tennessee Voices for Children

701 Bradford Avenue
Nashville, TN 37204
www.tnvoices.org

CBCAP Program: Nurturing Parenting

Counties Served: Cannon, Clay, Cumberland, Dekalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White

Primary Contact: Brenda Donaldson
701 Bradford Avenue
Nashville, TN 37204
615.269.7751
bdonaldson@tnvoices.org

Program Summary: Nurturing Parenting classes are 7-12 sessions in length and offered in community settings. The classes include activities on positive parenting skills, communication, and healthy physical and emotional development. Parents and children attend groups designed to build self-awareness, positive self-esteem and empathy; teach positive discipline; enhance family communication and teach role/developmental expectations.

The Nurturing Parenting Programs are a family-centered initiative designed to build nurturing parenting skills as an alternative to ineffective child-rearing practices. The programs feature activities to foster positive parenting skills and self-nurturing, home practice exercises, family nurturing time, and activities to promote positive brain development in children birth to 18 years. Parents and children attend groups designed to build self-awareness, positive concept/self-esteem and build levels of empathy; teach alternatives to hitting and yelling; enhance family communication and awareness of needs; replace abusive behaviors with nurturing behaviors; promote healthy physical and emotional development; and teach appropriate role and developmental expectations. Frequency/duration of program: The NP curriculum is flexible as it is provided in modular format, allowing the course to be offered in several ways to fit the needs of the participants or time frame – 2 full days covering 7-12 modules, 2 weeks at 1.5 hours per day, 10 weeks at 1 session per week, etc. The program is currently available to families in Upper Cumberland region under a grant, but can be accessed through TVC's Center for Family Driven is in other areas



**University of Tennessee Health Sciences Center
Boling Center for Developmental Disabilities**

711 Jefferson Avenue
Memphis, TN 38105

<http://www.uthsc.edu/bcdd/services/programs/supported.php>

CBCAP Program: Nurturing Parenting

Counties Served: Fayette

Primary Contact: Malissa Duckworth, LCSW
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Memphis, TN 38105
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mduckwo3@uthsc.edu

Alternate Contact: Belinda Tate Hardy, LCSW, MPH
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Ashley Annestedt, LCSW
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Memphis, TN 38105
901.448.6670
annested@uthsc.edu

Program Summary: Fayette County Project Enrich Supported Parenting Classes are held each Wednesday at the Fayette County Department of Human and Children's Services and funded by a Tennessee Child Abuse Prevention Grant. The class is held Wednesdays from 12:00-1:30pm. The program is tailored for any parent or expectant parent who is interested in learning new and effective parenting skills. Snacks are provided; transportation is an option. Our Family Support Specialist will also conduct home-visits with those parents who qualify. The program utilizes Dr. Stephen Bavolek's evidence based "Nurturing Parenting" curriculum and consists of 12 sessions ranging in topics from Development to Safety to Rules and Discipline. Each parent is given a pre and post assessment to provide insight into the parent's progress. We strive to provide all parents with access to effective parenting skills useful for raising healthy children. Additionally, we facilitate a Teen Parenting Class for mothers and expectant mothers at Fayette Ware High School every Wednesday from 9:30-10:30am. In this class, we provide the before mentioned curriculum as well as additional information about healthy and positive relationships, goal setting and future planning, and basic childcare information.



**University of Tennessee Health Sciences Center
Boling Center for Developmental Disabilities**

711 Jefferson Avenue
Memphis, TN 38105

<http://www.uthsc.edu/bcdd/services/programs/supported.php>

CBCAP Program: Nurturing Parenting

Counties Served: Shelby

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Malissa Duckworth, LCSW
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Mduckwo3@uthsc.edu

Program Summary: Shelby Co. Project ENRICH Supported Parenting Program is a parent education program administered by the University Of Tennessee Health Science Center, Boling Center for Developmental Disabilities (BCDD). The BCDD's faculties are recognized experts in the field of developmental disabilities. Many of the participating parents in Project ENRICH are unable to receive or to understand material presented in a traditional classroom setting. These individuals benefit greatly from a smaller group setting. These services and programs are directly related to the BCDD mission and are congruent with the federal and state mandates of Child Abuse Prevention. The classes are specifically tailored for parents with Intellectual Disabilities. Individuals who were in Special Education in high school and/or have other learning challenges such as low literacy or left school at an early age are appropriate for this class. Currently, Project ENRICH is the only parent education program in Shelby County designed to teach appropriate parenting techniques to individuals with cognitive delays. This program utilizes Dr. Stephen Bavolek's Nurturing Parenting curriculum and makes use of discussion, videos and pictures to accommodate this population. Class covers 12 varying topics including Nutrition, Safety and Alternatives to Spanking. Parents get direct education from various disciplines including Clinical Social Workers, Nutritionists, Pediatricians and other health educators. The classes are held weekly, for 12 weeks. Snacks and bus passes are provided.